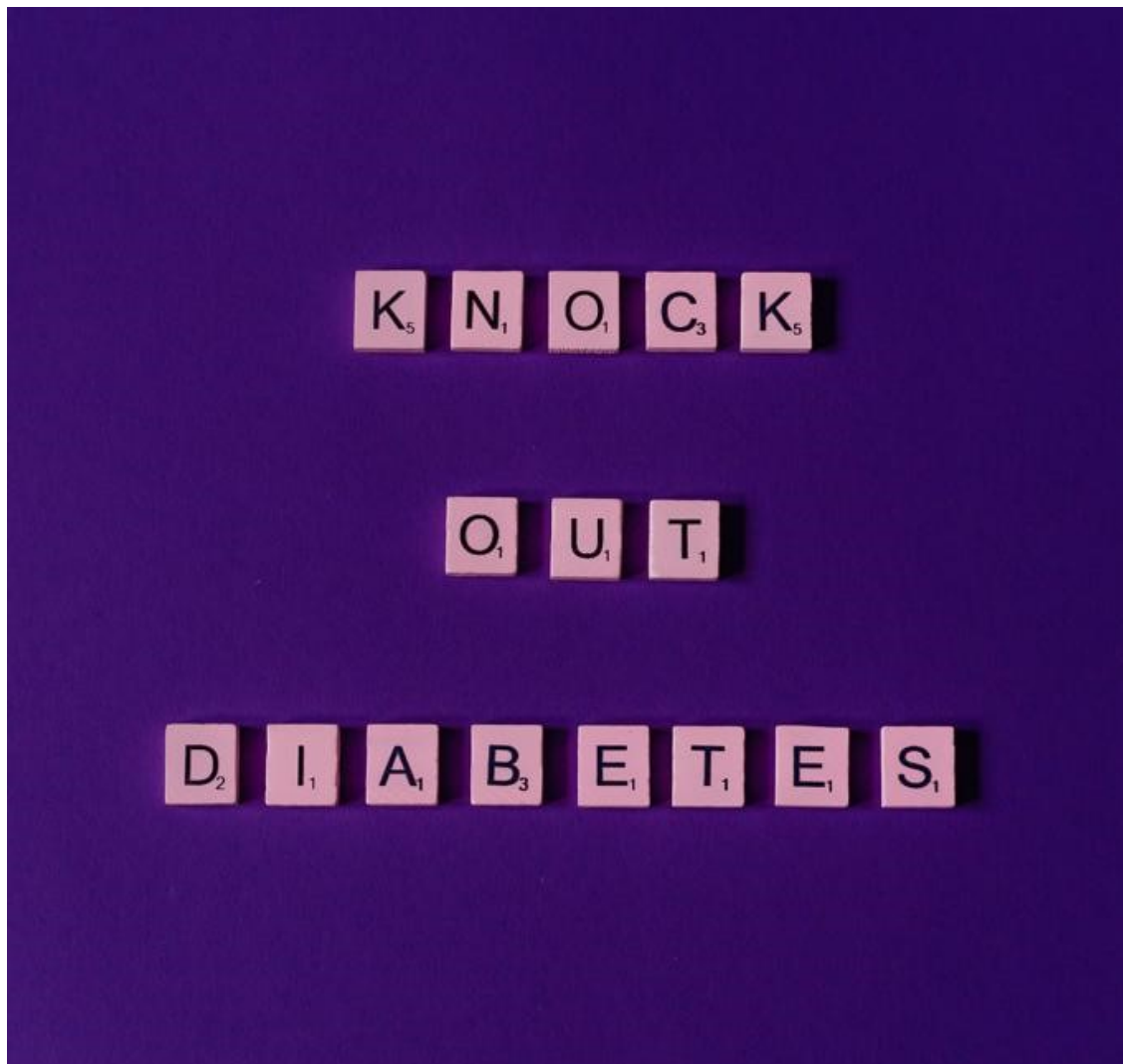




The highlights of the Adopt-A-Healthcare Facility Program (ADHFP) launch event, which happened in Lagos on the 10th of November 2022 at the Lagos Oriental Hotel, were the showcase of the journey so far in the revitalized pilot PHCs officially launched in Delta and Bauchi states, insightful and impactful panel discussions about the state of primary healthcare in Nigeria and the way forward, as well as the official launch of the ADHFP logo and website.



According to reports by International Diabetes Federation in March 2022, There are 24 million people with diabetes in Africa with the possibility of hitting 55 million in 2045.

The numbers are high, right?

Yes, That is why we need to sensitize ourselves about the disease and how it can be managed.

It's the festive season and you know what that means, more food, drinks, etc. We need to eat a healthy diet, avoid sugar consumption, and saturated fats and achieve/maintain healthy body weight by being physically active.

Join us on the path to healthy living and support the ADHFP Initiative Now!

**ADHFP offers a groundbreaking solution at a grassroots level.**

The map shows the following states with PHCs adopted in all LGAs (green fill): Kano, Edo, and Lagos. States with PHCs adoption in progress (blue outline) include: Sokoto, Kebbi, Zamfara, Kaduna, Jigawa, Yobe, Borno, Bauchi, Gombe, Adamawa, Plateau, Nasarawa, FCT, Kwara, Niger, Benue, Taraba, Oyo, Ekiti, Ogun, Ondo, Osun, Epe, Kogi, Anambra, Imo, Abia, Cross River, Delta, Rivers, Bayelsa, and Akwa Ibom. PHC locations (blue cross) are marked in Kano, Bauchi, Gombe, Edo, Lagos, and Rivers.

**To learn more about how you can get involved, contact us at [communications@pshan.org](mailto:communications@pshan.org).**

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