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- "Nigerians are the most enterprising people in the world. It is said that if you go to the north pole, you'll find a Nigerian fishing."
  - Dr Tinuola Akinbolagbe

## Nigeria is worth investing in.

Nigeria is a nation filled with exceptional people and excellence is something that flows in the blood of every citizen. No matter the industry, Nigerians do not just participate. We excel, and you can see this mentality throughout the diaspora.

Greatness is so deeply rooted in who we are that our unofficial motto is Naija no dey carry last (Nigeria never comes last).

At PSHAN, we believe in the greatness of every Nigerian. That is why we are committed to improving the health and wellness of our nation. We want to ensure that every Nigerian has an opportunity to achieve great things.



# A Strategic Approach to Combating The Brain Drain in Nigeria's Health Sector.

Did you know that there are more Nigerian surgeons in Los Angeles than there are in the entire mainland of Nigeria?

For more than 40 years, skilled professionals, both young and old, who have received advanced training in Nigeria have been migrating to the USA, Canada, the UK, the European Union, and the Middle East searching for greener pastures.

According to the Nigerian Medical Association (NMA), it is estimated that only 40,000 doctors are practising in the country out of over 80,000 registered doctors.

How do we build a Nigeria that can keep its best minds and encourage those who left to come back home?

Read More



## The story of men's health in Nigeria.

#### **Men's Health Month**

Heart disease and mental health are the two leading killers of Nigerian men. The stigma surrounding men's health affects how men cope with their health concerns.

A simple health screening and a conversation with a qualified specialist could have changed the entire course of events, and all three young men would still be alive.

There's an old Nigerian proverb that says, "Not to know is bad; not to wish to know is worse."

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# Be part of the Adopt-A-Healthcare Facility Programme (ADHFP) and bring about positive change within Nigeria's healthcare system.

everyone has access to equitable and quality healthcare and wellness.

Join us today for a better tomorrow for all of Nigeria.



Please contact our Memberships and Partnerships Department at <a href="memberships@pshan.org">memberships@pshan.org</a> for more information about becoming a PSHAN member or ADHFP adopter.

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